



Eli Lilly and Primer Cordially Invite You  
To A Scientific Discussion on

**Managing Obesity in Clinical Practice:  
Evidence-Based Approaches for Physicians**

## OBESITY MASTERCLASS



**20<sup>th</sup> July 2025**  
**Sunday**



**09:00 AM**  
**03:00 PM**



**ITC Grand Chola, Chennai**


**Click here to register!** 





## Learning Objectives:

**By the end of this CME, participants will be able to:**

- Understand the pathophysiology of obesity, including genetic, hormonal, behavioral, and environmental factors.
  - Identify and assess obesity-related comorbidities in clinical practice.
  - Apply evidence-based strategies for the management of obesity, including lifestyle interventions, pharmacotherapy, and surgical options.
  - Employ effective communication techniques for patient counselling, including motivational interviewing.
  - Critically analyze real-world case studies to improve decision-making in obesity management.
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# PROGRAM CHAIR



**Dr. Krishna Seshadri**

# FACULTY



**Dr. Abraham Ooman**



**Dr. Ashok Kumar Das**



**Dr. G Vijay Kumar**



**Dr. Jayashree Gopal**



**Dr. N Ramakrishnan**



**Dr. Nandhitha Arun**



**Dr. Neha Shah**



**Dr. S Venkataraman**



**Dr. Shruti Chandrasekharan**



**Dr. Shunmugavelu**



**Dr. Uma Ram**



**Dr. Usha Ayyagari**



**Dr. Vishnu Abishek**

# AGENDA

Time	Agenda	Speakers
9:00 AM - 9:30 AM	Registration	All
9:30 AM - 9:45 AM	Welcome Address	Dr. Krishna Seshadri
9:45 AM - 10:00 AM	Pre-CME Quiz	Dr. Indranil Bhattacharya
10:00 AM - 10:15 AM	Obesity in India	Dr. A K Das
<b>Session 1: Science Of Obesity</b>		<b>Session Lead: Dr. Shunmugavelu</b>
10:15 AM - 10:30 AM	Obesity as a Chronic disease	Dr. Jayashree Gopal
10:30 AM - 10:45 AM	How does Obesity Compromise Overall Health	Dr. G Vijay Kumar
10:45 AM - 11:00 AM	Q&A / Discussion	All
11:00 AM - 11:15 AM	Tea/ Coffee Break	
<b>Session 2: Obesity in Motion</b>		<b>Session Lead: Dr. Krishna Seshadri</b>
11:15 AM - 11:30 AM	Diagnosis of Obesity: Going Beyond BMI	Dr. Shruti Chandrasekharan
11:30 AM - 11:45 AM	Guidelines & Overview of Treatment Approaches in Obesity Management	Dr. Usha Ayyagari
11:45 AM - 12:00 PM	Q&A / Discussion	All
<b>Session 3: Clinical Quickfire</b>		<b>Session Lead: Dr. S Venkataraman</b>
12:15 PM - 12:15 PM	Obesity and T2D	Dr. Nanditha Arun
12:15 PM - 12:30 PM	Obesity and MASH	Dr. Vishnu Abishek
12:30 PM - 12:45 PM	Obesity and CVD	Dr. Abraham Oomen
12:45 PM - 1:00PM	Obesity and OSA	Dr. N Ramakrishnan
1:00 PM - 1:15 PM	Obesity and Women Health	Dr. Uma Ram
1:15 PM - 1:30 PM	Q&A / Discussion	All
<b>Session 4: The Art of Obesity Care</b>		
1:30 PM - 1:45 PM	Setting Up An Obesity Clinic	Dr. Raj Pallaniappan
1:45 PM - 2:00 PM	Post CME Quiz	Lilly Medical
2:00 PM - 2:15 PM	Vote of Thanks	Dr. Krishna Seshadri
2:15 Pm Onwards	Lunch & Departure	

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